



## What do they eat in...? Student worksheet

### What do they eat in China... Italy... Ecuador?

The three pictures show typical families from three different countries and the food they eat in one week. The value of the food in American dollars is shown.

Find these countries on a world map.

Talk about what you notice.

### What foods are most common in different countries? How are they the same, and how are they different?

Look at each picture more carefully. What types of food do you see?

The table below has grouped the foods into categories. Estimate a percentage of each category for each family.

	Grains	Dairy	Meat, fish, eggs	Fruit, vegetables	Fast food	Drinks
China						
Italy						
Ecuador						

Estimate the same percentages for the food your family eats.

	Grains	Dairy	Meat, fish, eggs	Fruit, vegetables	Fast food	Drinks
Your family						

How much money do people have to spend on food in different countries?

There is a spreadsheet which shows the total amount of money spent on food per week by families in Australia, China, Italy and Ecuador.

Use the totals to put the countries into order, biggest spenders first.

Divide the amount spent by the number of people in the family to find how much each family spends on each person.

The spreadsheet also shows the percentages for each category of food. Use this to check your percentage estimates for China, Italy and Ecuador.

### Extension

There are more families and more information in the book *Hungry Planet: What the World Eats* by Peter Menzel and Faith D'Aluisio.

